



One College Drive
 East Peoria, IL 61635
 (309) 694-5427

Central Illinois Pitching/Catching Camp at ICC (July 29th- Aug 1st, 2019) Session 2

Open to Ages 8-14 (players divided into age groups)

Pitching/Catching stations

Ages 8-14

11:30AM-1 PM

Camp Content/Instructors:

The Central Illinois Baseball Camp will provide half day training sessions, in small groups, designed to provide individualized instruction to campers. Instruction will include fundamental drills in throwing and catching, defensive drill work, throwing and catching bullpens, and arm care and maintenance. Also included will be proper practice technique, mental approach to both catching and pitching, and executing game situations. Instruction will be led by the coaching staff at Illinois Central College and guest high school and college coaches. This camp will emphasize techniques used by college and professional baseball players.

Partial List of Camp Instructors:

Brett Kelley-Head Baseball Coach Illinois Central College

Ryan Camp-Pitching Coach Illinois Central College Former ISU Redbird

David Cales-Assistant Coach Illinois Central College, Former professional pitcher

Facilities:

The camp will be held at Thome Field on the ICC campus in East Peoria. There will be 4 bullpen mounds, long toss stations, catching stations, and defensive drill work.

What to Bring:

Players need to bring spikes, athletic shoes, baseball pants, a cap, batting gloves, a bat, glove, protective cup, and shorts (sliding practice). All items need to be marked with the player's name. Camp is not responsible for lost items. *Catchers need to provide their own gear.*

Cost: \$65 Includes: T-shirt, daily awards, and Professional instruction.

Registration Procedures:

Sign and detach the form and mail with your check for \$65 to:

Illinois Central College Baseball

One College Drive

East Peoria, IL 61635

Make checks payable to: Central Illinois Baseball

Session II Pitching/Catching July 29-Aug 1

Camp begins at 11:30 AM. \$65 includes t-shirt, daily awards and daily instruction.

Name _____ Age _____ Parent's Name(s) _____

Address _____ T-shirt size(Y/A) S M L XL XXL

City _____ ST _____ Zip _____

Email _____

Phone (____) _____ - _____ Parent's Work/Cell phone _____

CONDITIONS OF APPLICATION -- Guardian must read and sign below:

1. I understand that this camp is operated by the individual coaches named. The camp is not in any way owned or operated by **Illinois Central College**. While conducting this camp, the coaches named are not acting as agents of **Illinois Central College**. Accordingly, I agree to release and hold harmless the Board of Trustees of **Illinois Central College**, its officers, agents, and employees, while acting in their capacities as such, from any and all claims of liability which may arise in any manner or form from my child's participation in this camp.

2. I hereby authorize the Central Illinois Baseball Camp staff to act for me, according to their best judgment, in any medical emergency. As parent/guardian of aforementioned camper, I take full responsibility for payment of injuries that may occur during the Central Illinois Baseball Camp and I hereby waive and release said persons from any liability of illness/injury incurred while attending camp.
